

# Girl/Adult Health History Form

This health history form is to be completed and signed by a girl's caregiver or the adult participant.

First Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Last Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Day Phone \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Medical Insurance Carrier \_\_\_\_\_ Policy/Group # \_\_\_\_\_

Primary Physician Name \_\_\_\_\_ Phone \_\_\_\_\_

## Part I: Allergies (specify nature of allergic reaction)

- Animals \_\_\_\_\_
  Hay Fever \_\_\_\_\_
  Medicine/Drugs \_\_\_\_\_  
 Food \_\_\_\_\_
  Insect Stings \_\_\_\_\_
  Plants/Pollen \_\_\_\_\_  
 Other \_\_\_\_\_

## Part II: Illnesses and Diseases – Chronic or Recurring

- Arthritis
  Diabetes
  Measles
  Sinusitis  
 Asthma
  Ear Infection
  Musculoskeletal Disorder
  Tuberculosis  
 Bleeding/Clotting Disorders
  Heart Defect/Disease
  Rheumatic Fever
  Other \_\_\_\_\_  
 Chicken Pox
  Hypertension
  Seizures

## Part III: Other Health Conditions

- Bed Wetting
  Fainting
  Motion Sickness
  Sleep Disturbances  
 Constipation
  Hearing Impairment
  Nosebleeds
  Special Dietary Regimen  
 Emotional Disturbances
  Menstrual Cramps
  Sickle Cell Trait/Disease
  Wear Glasses/Contact Lenses

## Part IV: Immunization History

- Immunization History is attached.
  All immunizations are up-to-date.

## Permission to give to participant:

- Tylenol/Acetaminophen
  Tums/Antacid
  Sudafed/Decongestant
  Swimmer's Ear or Alcohol/Vinegar Solution  
 Benadryl/Antihistamine
  Advil/Ibuprofen
  Robitussin/Expectorant
  None

**Participant Statement:** I certify that to the best of my knowledge this health history is complete and accurate. I know of no reason(s) other than the information indicated on this form, why I/my daughter should not participate in prescribed activities except noted.

**Privacy Statement:** All health records will be handled by staff/volunteers whose job includes processing or using this information for the benefit of the participant. This information will be held in limited access by the troop leader/healthcare supervisor of the event. Minimal necessary information may be shared with event staff/volunteers in order to provide adequate safety and healthcare. I have read the above information and agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

**Caregiver Authorization:** If my child needs medical treatment, I authorize the adult in charge, should it be necessary, to secure the service of a doctor at my expense. I give my permission for her to be attended for care. I am aware that I will be contacted in the case of an emergency.

**Caregiver/Adult Participant Signature** \_\_\_\_\_ **Date** \_\_\_\_\_