

# Girl/Adult Health History Form

This health history form is to be completed and signed by a girl's caregiver or the adult participant.

**This participant is**  **a girl**  **or adult.**

First Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Last Name \_\_\_\_\_

Date of Birth \_\_\_\_\_ Phone \_\_\_\_\_ Gender \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Primary Caregiver Name \_\_\_\_\_ Phone \_\_\_\_\_

Secondary Caregiver Name \_\_\_\_\_ Phone \_\_\_\_\_

Medical Insurance Carrier \_\_\_\_\_ Policy/Group # \_\_\_\_\_

Primary Physician Name \_\_\_\_\_ Phone \_\_\_\_\_

**Part I: Allergies (specify nature of allergic reaction)**

- Animals \_\_\_\_\_  Hay Fever \_\_\_\_\_  Medicine/Drugs \_\_\_\_\_  
 Food \_\_\_\_\_  Insect Stings \_\_\_\_\_  Plants/Pollen \_\_\_\_\_  
 Other \_\_\_\_\_

**Part II: Illnesses and Diseases – Chronic or Recurring**

- Arthritis  Diabetes  Measles  Sinusitis  
 Asthma  Ear Infection  Musculoskeletal Disorder  Tuberculosis  
 Bleeding/Clotting Disorders  Heart Defect/Disease  Rheumatic Fever  Other \_\_\_\_\_  
 Chicken Pox  Hypertension  Seizures \_\_\_\_\_

**Part III: Other Health Conditions**

- Bed Wetting  Fainting  Motion Sickness  Sleep Disturbances  
 Constipation  Hearing Impairment  Nosebleeds  Special Dietary Regimen  
 Emotional Disturbances  Menstrual Cramps  Sickle Cell Trait/Disease  Wear Glasses/Contact Lenses

**Part IV: Immunization History**

- Immunization History is attached.  All immunizations are up-to-date.

**Permission to give to participant:**

- Tylenol/Acetaminophen  Tums/Antacid  Sudafed/Decongestant  Swimmer's Ear or Alcohol/Vinegar Solution  
 Benadryl/Antihistamine  Advil/Ibuprofen  Robitussin/Expectorant  None

**Participant Statement:** I certify that to the best of my knowledge this health history is complete and accurate. I know of no reason(s) other than the information indicated on this form, why I/my daughter should not participate in prescribed activities except noted.

**Privacy Statement:** All health records will be handled by staff/volunteers whose job includes processing or using this information for the benefit of the participant. This information will be held in limited access by the troop leader/healthcare supervisor of the event. Minimal necessary information may be shared with event staff/volunteers in order to provide adequate safety and healthcare. I have read the above information and agree to the release of any records necessary for treatment, referral, billing or insurance purposes.

**Caregiver Authorization:** If my child needs medical treatment, I authorize the adult in charge, should it be necessary, to secure the service of a doctor at my expense. I give my permission for her to be attended for care. I am aware that I will be contacted in the case of an emergency.

**Caregiver/Adult Participant Signature** \_\_\_\_\_ **Date** \_\_\_\_\_